Reviewer’s report

Title: Benefits of temporary alcohol restriction: a feasibility randomised trial

Version: 0 Date: 11 Aug 2019

Reviewer: Peter Craig

Reviewer's report:

This is a good, clear report of a randomised feasibility trial, presented according to the CONSORT extension for pilot and feasibility studies. I have the following comments.

(1) To be fully compliant with the CONSORT extension, the study should be identified as a randomised feasibility trial in the title of the paper.

(2) The study has demonstrated feasibility in a specific population - university-educated women who drink heavily. This restriction should be acknowledged in the discussion, and ideally also in the paper's title.

(3) As well as being instructed to abstain from drinking, participants' compliance was monitored very closely, via a drinking app and a self-administered breathalyser. This self-monitoring constitutes a partial intervention, which may raise compliance rates above the levels that would be seen in a population-wide intervention without such close monitoring. It would be useful to include in the discussion some consideration about this problem might be addressed in the design of a larger scale effectiveness study.

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An article of importance in its field

Quality of written English
Please indicate the quality of language in the manuscript:

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