Reviewer's report

Title: Protocol for a Pilot Randomized Controlled Feasibility Study of Brief Interpersonal Psychotherapy for Addressing Social-emotional Needs and Preventing Excess Gestational Weight Gain in Adolescents

Version: 0 Date: 26 Nov 2019
Reviewer: Juliana Diniz

Reviewer's report:

The manuscript entitled "Protocol for a Pilot Randomized Controlled Feasibility Study of Brief Interpersonal Psychotherapy for Addressing Social-emotional Needs and Preventing Excess Gestational Weight Gain in Adolescents" describes the design of a pilot study that aims to evaluate the feasibility of a protocol of psychotherapy for the prevention of excessive weight gain in adolescent mothers.

The methodology goes beyond that of a pilot study and involves randomization and initial evaluation of efficacy.

In general, it is well-written and requires no major changes. Only one minor issue has called my attention. The authors describe they will apply a method of stratified randomization that may require a large sample size to achieve its balancing objectives. I suggest the authors consider other adaptive methods that may fit even smaller sample sizes given that total number of patients cannot be predicted for this pilot phase of their study.

Level of interest
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Quality of written English
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Acceptable

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