Reviewer’s report

Title: Protocol for a Pilot Randomized Controlled Feasibility Study of Brief Interpersonal Psychotherapy for Addressing Social-emotional Needs and Preventing Excess Gestational Weight Gain in Adolescents

Version: 0 Date: 08 Oct 2019

Reviewer: Shannon Lenze

Reviewer's report:

This is a well-written and thorough protocol for a potentially important preventative treatment. I only have a few minor comments:

1) Will telephone sessions be allowable?

2) It seems like the IPT-WG visits occur more frequently than typical prenatal appointments at those gestational ages. Will participants be asked to participate in IPT-WG sessions outside of typically scheduled prenatal care?

3) Page 15, line 19 feasibility is determined by 75% completing at least 3 assessment intervals. Can you clarify that this is referring to 3 out of the 4 assessment time-points and does not include therapy sessions?

4) Your theoretical model suggests mediation, yet there is no discussion of tests for mediation in the data analysis section

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An article of importance in its field

Quality of written English
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Acceptable

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