Reviewer’s report

**Title:** Pilot randomised controlled trial of Weight Watchers® referral with or without dietitian-led group support for weight loss in women treated for breast cancer: the BRIGHT (BReast cancer weIGHT loss) trial.

**Version:** 0  **Date:** 16 Jan 2018

**Reviewer:** Alison Hill

**Reviewer's report:**

An interesting study. Well written. I have listed a few queries below.

**TITLE**

Perhaps modify to be: Feasibility "of a" randomised….

**ABSTRACT**

* Method doesn't mention 12 month follow-up

* Results do not report all feasibility criteria mentioned in the abstract. For example, recruitment rate suggests that it is about recruiting a certain number of participants within a time frame but these data are not presented.

* Line 22 - direction of the difference between the groups?

* Line 23 - is % weight loss at 12 months a key criteria to report if it was not part of the original study design? (Method - page 8). Participants were unaware that there would be follow-up...were they told to keep losing weight at trial exit?

* Line 26 - I don't feel that you have presented enough data in your results to support your statement that the trial procedures were feasible.

**INTRODUCTION**

* Page 3 Line 20 - perhaps include a couple of examples of breast-cancer related outcomes
* Page 3 Line 34 - consider changing to .." evaluate the feasibility of a weight loss RCT"

* I think the introduction could be strengthened by including a list of specific objectives of the study

METHODS

* Table 1 - can you clarify - how long was it since they had completed treatment?

* Page 6 line 15: perhaps "cohort" would be a better descriptor than "batches"

* Page 8 - I cannot seem to find a clear list of objectives and associated criteria which were used to determine feasibility. This should be included.

RESULTS

* Related to the comment above about listing objectives and specific criteria that were used to determine feasibility- this limited interpretation of table 2. For instance, how did you determine that your invite letter was "feasible" and "acceptable".

This table should be revised to include the criteria so that it is possible to see whether they were met or not. The text may also need to be update to reflect these changes.

* Page 16. Changes in body weight are listed in the text, and the table, and shown in a figure. Need to pick one…

* Page 18 Line 6: what was the time frame for the improvement in the QoL parameters in this statement - 3 months?

DISCUSSION

* Page 18, Line 23 - check grammar

* Page 21, line 1. Suggest symptoms were less severe than closer to diagnosis. Can you include a statement around how severe they are, or a comparison to levels in general population?
Level of interest
Please indicate how interesting you found the manuscript:

An article of importance in its field

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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