Reviewer’s report

Title: A pilot investigation to optimise methods for a future satiety preload study

Version: 0 Date: 19 Jun 2017

Reviewer: Nicola Harman

Reviewer’s report:

This is an interesting paper and it is important to publish such procedures and processes particularly in nutrition research.

The paper would benefit from some clarifications:

antibiotic usage, please clarify if this is continued usage of more than 6 months in any time period pre study

pregnancy- was pregnancy status self reported or was a pregnancy test performed

what method of randomisation was used, were any restrictions imposed?

please provide the macronutrient composition of the ready meal and chocolate bar and laso the breakfast meal. How did the macronutrient composition compare to recommended daily intakes?

Its unclear in the text what happens upon arrival at the clinical unit as this arrival is precisely timed. I would be interested to know how many participants attended on one day and how many staff were needed to ensure that meals were provided according to the planned schedule.

Level of interest
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An article whose findings are important to those with closely related research interests

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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