Reviewer’s report

Title: The Impact of a Structured Lifestyle Intervention on Body Composition and Exercise Capacity in Overweight Children With Operated Heart Defects. Pilot and feasibility study protocol: "Smart Heart Trial"

Version: 0 Date: 17 Sep 2017

Reviewer: E Tahirovic

Reviewer's report:

Dear authors,

It is very good paper and it is well written. An interesting study with nice presentation, and discussion. The treatment of the young patient with congenital heart disease is sometimes very hard and I am very glad that you used new approach. I noticed that you measured parameters for metabolic syndrome, but I didn't noticed that you had some young patients with metabolic syndrome in this study? I think it is important to notice metabolic syndrome especially in young patient with congenital heart disease due to the subsequent development of coronary heart disease and that the quality of life these patient is worse. I suggest to write a small conclusion with the final message useful for the clinicians.

Best regards and congratulation for the authors.

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An article of importance in its field

Quality of written English
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