Author’s response to reviews

Title: Evaluation and treatment of low and anxious mood in Chinese speaking international students studying in Scotland: Study protocol of a pilot randomised controlled trial.

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Dear Editors,

I would be grateful if you would consider the manuscript entitled, “Evaluation and treatment of low and anxious mood in Chinese speaking international students studying in Scotland: Study protocol of a pilot randomised controlled trial”, for publication in the Feasibility and Pilot Studies Journal.

The manuscript outlines the protocol of a pilot randomised controlled trial of an online Cognitive Behavioural Therapy self-help intervention. This pilot study will provide valuable information regarding ability to recruit and retain participants and the feasibility of delivering such an online intervention to Chinese international students with low mood and/or anxiety.

Data will be used to inform a future large, definitive RCT and the approach could then be utilised as a wider resource open to students and therefore widening access to psychological therapy in this population.

I believe this manuscript will appeal to the readers of Feasibility and Pilot Studies readers and is in keeping with the aims of the journal to increase communication and transparency in relation to early stage RCT protocols.

This paper is not currently under consideration by any other journal and no part of this manuscript has been published elsewhere.

Yours sincerely

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