Reviewer's report

Title: Evaluating the nutritional content of an insect-fortified food for the child complementary diet in Ghana

Version: 1 Date: 23 Dec 2019

Reviewer: Reviewer 2

Reviewer's report:

PEER REVIEWER ASSESSMENTS:

OBJECTIVE - Full research articles: is there a clear objective that addresses one or several testable research questions? (Brief or other article types: is there a clear objective?)

Yes - there is a clear objective

DESIGN - Is the current approach (including controls and analysis protocols) appropriate for the objective?

Yes - the approach is appropriate

EXECUTION - Are the experiments and analyses performed with sufficient technical rigor to allow confidence in the results?

Yes - experiments and analyses were performed appropriately

STATISTICS - Is the use of statistics in the manuscript appropriate?

Yes - appropriate statistical analyses have been used in the study

INTERPRETATION - Is the current interpretation/discussion of the results reasonable and not overstated?

Yes - the author's interpretation is reasonable
OVERALL MANUSCRIPT POTENTIAL - Has the author addressed your concerns sufficiently for you to now recommend the work as a technically sound contribution? If not, can further revisions be made to make the work technically sound?

Yes - current version is technically sound

PEER REVIEWER COMMENTS:

GENERAL COMMENTS: This is a very important topic, and a well-designed and conducted investigation, with potential practical implications.

ADDITIONAL REQUESTS/SUGGESTIONS:

This work is important of a great value to the international nutrition community. The authors' revisions in response to the previous comments have made the work more sound and reliable.

I am wondering for the peanut paste/insect mixture, what nutrient quantities come from the peanut and what comes from the insect? How much better is insect fortified peanut paste? Insects as a food are not likely to be a staple, but an additive.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes
Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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