Reviewer’s report

Title: NUTRITIONAL KNOWLEDGE OF YOUTH ACADEMY ATHLETES

Version: 0 Date: 05 Jun 2020

Reviewer's report:

The paper is simple and well written, with no major comments to make. It is in line with a number of similar papers published earlier. Lacks novelty, but the information presented is useful and adds to the existing body of knowledge

Some comments:
The basis of calculation of sample size or sampling technique has not been mentioned. Though the notable difference in number of recruited male and female participants has been mentioned as a limitation, I feel the second hypothesis should not have been made in that case.
In the section assessing athlete's knowledge on supplements mention of creatinine supplementation or hydroxyl-methyl -butate has been made. These are quite technical terms and expected to be unknown to common individuals. More than reflecting their knowledge and therefore the health hazard it might also convey the athletes were not given those kinds of supplements. Along with the knowledge their personal intakes should also be considered.
Though the questionnaire used has been adapted from published studies, was it pre-tested in the target population? Was it validated?
If multiple investigators collected data using the questionnaire, how was quality ensured?

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I recommend additional statistical review
Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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Please complete a declaration of competing interests, considering the following questions:

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No competing interests

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