Reviewer’s report

Title: ‘Breakfast consumption habits of young Australian men participating in the “Typical Aussie Bloke” study’

Version: 0 Date: 30 Jun 2019

Reviewer: Mashael Alshaikh

Reviewer's report:

Introduction

'Therefore, the focus of the Typical Aussie Bloke study was to obtain current information regarding the breakfast habits and the food and beverage intakes that constitute a breakfast meal among a sample of young (&lt;45 y) Australian men.

The aim of the study is not clear. How does the results of this study will add value to the health and nutrition status of Australian men?
What was the relevance of early breakfast eater and late breakfast eater in connection to this study, please briefly discuss this in the introduction with reference.

Methods

'Men aged 18-44y were recruited from metropolitan (Newcastle) and regional (Tamworth) areas in NSW Australia for a multicentre cross sectional study.'

What is the distribution of participants recruitment among the mentioned 'multi-centre' areas?
How did you choose these 'multi-centre' areas as location of the study?
Was the sample normally distributed? Please explain.
What is the survey response rate?
What was the sample size?
Why was the samples collected only for 3 months? was it link to sample size!

'data were collected from September to December 2015'

Is there reason why there was delay in publishing the data?

Wrong spelling 'Participates' it should be 'Participants' change in the manuscript. page 3 line 107

Results

The exclusion criteria were: being unable to attend a laboratory measurement session?? What type of parameters were measured in the laboratory test? How was this relevant to the study?
'having had cosmetic surgery' that would change the shape of the body, having or being treated for a thyroid condition or insulin dependent diabetes, or 'claustrophobia'? What was the relevance of these excluded parameters?

Statistical test used should be labelled in appropriate tables. Add in the legends. Table 1 & 2, page 11 & 13

**Are the methods appropriate and well described?**  
If not, please specify what is required in your comments to the authors.

No

**Does the work include the necessary controls?**  
If not, please specify which controls are required in your comments to the authors.

Unable to assess

**Are the conclusions drawn adequately supported by the data shown?**  
If not, please explain in your comments to the authors.

Yes

**Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?**  
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

**Quality of written English**  
Please indicate the quality of language in the manuscript:

Acceptable
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