Reviewer’s report

Title: Characterization, dietary habits and nutritional intake of omnivorous, lacto-ovo-vegetarian and vegan runners – a pilot study

Version: 1 Date: 24 Apr 2019

Reviewer: George Robinson

Reviewer’s report:

[Ref: Table 2, 3, 4 and 5]: Please provide actual "p" value rather than stating "not significant (n.s.)"

[Ref: Lines 30 - 33]: Use of 'athlete' terminology is misleading as subjects were recreational runners, performing 30-60 min runs 2-5 times per week. See recommendation below.

"Background: In the western world, the number of people preferring plant-based nutrition is growing continuously. Vegetarianism and veganism is also becoming increasingly popular among individuals participating in sport. However, whether recreationally active vegetarian and vegan populations can meet their nutritional needs is not clear."

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
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Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
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I am able to assess the statistics

Quality of written English
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