Author’s response to reviews

Title: Vitamin C and E supplementation does not affect heat shock proteins or endogenous antioxidants in trained skeletal muscles during 12 weeks of strength training

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Thanks to both reviewers for their comments and suggestions.

Comments from reviewer 2:

- be careful with previously published data (Fig 1 on 1RM). Although information about intervention effects om muscle mass and strength is needed as background information for the present manuscript, I would not present it as a results but only mentioned the outcome in e.g the method and discussion section with the appropriate references.

Previous published data (1RM) is removed in the revised manuscript. We have added references to the article with data on strength and hypertrophy.

- the sentence on line 343-344 is a bit strange formulated: "Thus, making any assumptions on the effects of the supplements is difficult"
The sentence in changed to "This will make it difficult to observe any potential effects of the supplements." in the revised manuscript.