Author’s response to reviews

Title: Sleep and weight loss in low-income overweight or obese postpartum women

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Dear Editor

Thank you for the careful review and suggestions.

Technical Comments:

1. Please add a “Conclusions” section after the “Discussion” section. This should state clearly the main conclusions of the research article and give a clear explanation of their importance and relevance.

Response. A ‘conclusions’ section was added. P11, lines 251-256.

“Our findings show that improvements in sleep duration, sleep quality, and sleep disturbance were not associated with ≥ 5% of weight loss from baseline in low-income overweight or obese postpartum women. Future prospective studies of the target population may be helpful to identify mediators and moderators that affect the association between sleep and weight loss.”
2. In the Trial Registration section of your Abstract, please state whether your trial was retrospectively or prospectively registered.

Response. It was retrospectively registered. P2, line 53.

“retrospectively registered February 28, 2013.”

3. In the Funding section, please also describe the role of the funding body in the design of the study and collection, analysis, and interpretation of data and in writing the manuscript.

Response. We clarified that the design, analysis and writing of this ms was not supported by the grant. Page12, lines 272-273.

“Funding. The full trial of the community-based lifestyle behavior intervention study aimed at prevention of weight gain was supported by Grant Number R18-DK-083934. However, the design, analysis and not writing of this manuscript was supported by the grant.”

4. At this stage, please upload your manuscript as a single, final, clean version that does not contain any tracked changes, comments, highlights, strikethroughs or text in different colours. All relevant tables/figures/additional files should also be clean versions. Figures (and additional files) should remain uploaded as separate files.