Reviewer’s report

Title: Adherence to daily dietary and activity goals set within a Māori and Pacific weight loss competition

Version: 1 Date: 15 Nov 2018

Reviewer: Reviewer 2

Reviewer's report:

"REVISION ASSESSMENT FROM THE ACADEMIC PEER REVIEWER:

Has the author addressed your concerns sufficiently for you to now recommend the work as a technically sound contribution? Yes

Reviewer comments: I prefer the amended title. It is more concise and relevant given a reduction of cardiovascular and T2DM risk was not directly assessed.

I agree with the authors argument that a retrospective framing of the manuscript within the tenants of SDT might not be appropriate, given the study was designed a priori with a holistic indigenous theory in mind. As I mentioned previously, the incorporation of a culturally relevant theory is a significant strength of this manuscript. However, it is interesting to see that certain components of SDT map onto this indigenous theory: 1) relatedness - te taha whānau (relationships with family/others), 2) competence - te taha hinengaro (the mental realm including knowledge) and 3) autonomy - te taha wairua (the spiritual realm). Given this, perhaps the authors could consider eluding to these similarities in the discussion.

Pg 5 line 11. close brackets after insertion.

You mention that you have fixed all figures to be of publication quality, yet Figure 10 still has gridlines and the axes should be black, with tick lines associated with major values. Please address this. Furthermore, why are the data points different colours? This needs to be emphasised in the Figure legend."
Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.
Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.
Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.
Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.
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Quality of written English
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