Reviewer’s report

Title: A Technology-Assisted Health Coaching Intervention vs. Enhanced Usual Care for Primary Care-Based Obesity Treatment: A Randomized Controlled Trial

Version: 0 Date: 01 Oct 2018

Reviewer: Douglas Evans

Reviewer’s report:

This is an interesting and well written paper that describes a technology-assisted obesity treatment coaching intervention. The study is well conceived, methods and results clearly presented, and conclusions well supported. A few relatively minor revisions are needed to flesh out the presentation and render the paper acceptable for publication, as follows:

1) Introduction is very brief and doesn't provide much background. Authors should add details on theoretical basis for the intervention, any prior work that led to the current study, and support from the relevant published literature.

2) The authors note that the intervention was based on formative research but provide no details. Say a bit more about it, and if available provide citations to published results of the formative work.

3) Discussion says nothing about implications and future research suggested by this study. What should be done next? Authors need to enhance discussion of what this research tells us about the interventions strategy and what future studies should be done.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?


If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

**Quality of written English**
Please indicate the quality of language in the manuscript:

Acceptable

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