Author’s response to reviews

Title: A Technology-Assisted Health Coaching Intervention vs. Enhanced Usual Care for Primary Care-Based Obesity Treatment: A Randomized Controlled Trial

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Version: 2 Date: 09 Dec 2018

Author’s response to reviews:

Dear Mr. James Mockridge and the Editorial Board for BMC Obesity,

We are delighted to resubmit revisions to our manuscript entitled “A Technology-Assisted Health Coaching Intervention vs. Enhanced Usual Care for Primary Care-Based Obesity Treatment: A Randomized Controlled Trial.” We sincerely appreciate the reviewer comments and have addressed them below. Thank you for the opportunity to publish our work in BMC Obesity.

Sincerely,

Melanie Jay, MD MS
1) This paper is very much improved and adds a contribution to the evidence based. For the most part, authors have addressed the reviewers comments. However, there is still an over emphasis on effectiveness in the abstract. If the authors feel that showing trends is important in the abstract, this should be minimal (restricted to the primary outcome). Ideally, they would present these as 'trends'. At present almost 50% of the results section provides evidence on effectiveness.

Thank you for this comment. We agree with this feedback. We have attempted to further revise the abstract and refocus on feasibility and acceptability, since these are our primary aims. We have removed much of the content on effectiveness and added in lessons learned related to feasibility (See Abstract lines 49-51 and 53-57).

2) Douglas Evans (Reviewer 1): The paper is much improved and should be published after a careful copy edit is done. This research provides a valuable contribution to the literature.

Thank you for this comment.

Thank you very much for your review. We appreciate the helpful commentary to improve the manuscript.

Sincerely,

Melanie Jay, MD, MS

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