Reviewer’s report
Title: Controlled Testing of Novel Portion control Plate Produces Smaller Self-selected Portion Sizes Compared to Regular Dinner Plate

Version: 0 Date: 23 Jan 2017

Reviewer: Fidelia Dake

Reviewer's report:
Line 181: The sentence should read as..."We hypothesized that participants would... and not "We hypothesized participants that would...
Line 201: The word "who" is missing in the sentence (university undergraduates (47 females and 23 males)aged 18 to 33 (insert "who" here)participated...
Line 214: The word recommendations at the start of the sentence is incorrectly placed and should be deleted.
Line 218: Suggested correction; After serving food onto the plate, ("the participants" instead of "they") completed....
Line 238: It will be useful to include a picture of the large white porcelain dinner plate.
Line 290: It is better to start the sentence with "The findings of this study indicate that the" use... rather than "Here we report"...
Line 343/344: The authors indicate that "participants not necessarily attempting to lose weight" constitutes a limitation. The authors need to provide further details about how exactly this constitutes a limitation to the study as the study did not set out to find out how portion control plates contribute to weight loss.

Major revision
2. Materials and Methods
Presenting sub-section 2.3 Materials before 2.2 Participants and Procedures improves the flow of the paper. The authors should consider rearranging this section.
Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.
No

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.
Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.
Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.
I recommend additional statistical review

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Please indicate the quality of language in the manuscript:
Acceptable

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