Reviewer’s report

Title: A qualitative study exploring why adults with intellectual disabilities and obesity want to lose weight and views of their carers.

Version: 0 Date: 12 Sep 2015

Reviewer: Grzegorz Bazylak

Reviewer’s report:

REVIEWER’S REPORT

Major Compulsory revisions:

The whole manuscript is rather clearly presented and looking well organized. Abstract, introduction, study design and methodological details are sufficiently described to enable reasonable reproduction. Whole discussion of results is rather clear and convincing. Conclusions are looking well supported by presented experimental data. The number of tables and figures is optimal. Quality of figure is satisfactory. Manuscript gives a representative set of up-to-date "References" to related studies.

However, in my opinion, the lack of more detailed description on the past and actual use of antipsychotic drugs by all studied subjects - as the highly confounding factor which increasing the risk of obesity - reducing the significance and comparability of this study. Another limitation is that authors should considered the body fatness (determined by anthropometric methods) along with just measured actual BMI value as a measure of body weight appropriateness.

LEVEL OF INTEREST

This article present good merit and interest for the public health system of mentally impaired persons.

QUALITY OF WRITTEN ENGLISH

English is looking clear and satisfactory.

STATISTICAL REVIEW

All statistical calculation and interpretation of collected data are adequate and properly used.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.
Yes

**Does the work include the necessary controls?**
If not, please specify which controls are required in your comments to the authors.

Yes

**Are the conclusions drawn adequately supported by the data shown?**
If not, please explain in your comments to the authors.

Yes

**Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?**
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

Not relevant to this manuscript

**Quality of written English**
Please indicate the quality of language in the manuscript:

Acceptable

**Declaration of competing interests**
Please complete a declaration of competing interests, considering the following questions:

1.  Have you in the past five years received reimbursements, fees, funding, or salary from an organisation that may in any way gain or lose financially from the publication of this manuscript, either now or in the future?

2.  Do you hold any stocks or shares in an organisation that may in any way gain or lose financially from the publication of this manuscript, either now or in the future?

3.  Do you hold or are you currently applying for any patents relating to the content of the manuscript?

4.  Have you received reimbursements, fees, funding, or salary from an organization that holds or has applied for patents relating to the content of the manuscript?

5.  Do you have any other financial competing interests?

6.  Do you have any non-financial competing interests in relation to this paper?

If you can answer no to all of the above, write 'I declare that I have no competing interests' below. If your reply is yes to any, please give details below.
I declare that I have no competing interests

I agree to the open peer review policy of the journal. I understand that my name will be included on my report to the authors and, if the manuscript is accepted for publication, my named report including any attachments I upload will be posted on the website along with the authors' responses. I agree for my report to be made available under an Open Access Creative Commons CC-BY license (http://creativecommons.org/licenses/by/4.0/). I understand that any comments which I do not wish to be included in my named report can be included as confidential comments to the editors, which will not be published.

I agree to the open peer review policy of the journal