Reviewer's report

Title: Development of a theory-based, peer support intervention to promote weight loss among Latina immigrants

Version: 2  Date: 4 November 2014

Reviewer: Colin Bell

Reviewer's report:

Minor essential revisions

General comments

This research paper describes the development and pilot testing of a community based weight loss intervention. An average weight loss of over 2 kg was achieved across 22 participants during an 8 week pilot. Improvements in physical activity, dietary behaviour and depressive symptoms were also observed after 8 weights but weight was regained by 6 months. A well written paper describing a intervention that has potential

Specific Comments

1. 6 month follow-up data should be mentioned in the abstract
2. Promotora needs to be defined (community health worker) for international readers
3. Rationale for developing a new intervention needs to be strengthened
4. Given this is a pilot study more information should provided on protocols for the main study and how the pilot informed these protocols.

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare I have no competing interests