Reviewer’s report

Title: Superior silybin bioavailability of silybin-phosphatidylcholine complex in oily-medium soft-gel capsules versus conventional silymarin tablets in healthy volunteers

Version: 1 Date: 10 Sep 2018

Reviewer: Ludovico Abenavoli

Reviewer's report:

- Introduction section: Literature report many evidences on the clinical application of MT extracts in the treatment of different liver diseases, such as NAFLD, ALD, viral hepatitis. Please update the references with a recent publication: Abenavoli et al. Phytother Res. 2018

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
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Are the conclusions drawn adequately supported by the data shown?
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Yes

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I am able to assess the statistics

Quality of written English
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