Reviewer’s report

Title: Mindfulness is not Associated with Dissonant Attitudes but Enhances the Ability to Cope with them

Version: 1 Date: 29 May 2019

Reviewer: Bas Verplanken

Reviewer's report:

I keep having concerns about a few issues (the - in my view - ambiguity of the IED scores; the reliability of the IAT). I'm also somewhat disappointed that the authors did not take up the challenge of formulating hypotheses on the five mindfulness facets, and did not discuss the more philosophical issue whether mindfulness is a holistic concept, i.e., more than the combination of the facets. But all in all I can accept this revision. As I said in the previous round, the topic is interesting, and the study was well conducted.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
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I am able to assess the statistics

Quality of written English
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