Author’s response to reviews

Title: Effects of a cognitive ergonomics workplace intervention (CogErg) on cognitive strain and well-being: a cluster-randomized controlled trial. A study protocol

Authors:

Virpi Kalakoski (virpi.kalakoski@ttl.fi)
Sanna Selinheimo (sanna.selinheimo@ttl.fi)
Teppo Valtonen (teppo.valtonen@ ttl.fi)
Jarno Turunen (jarno.turunen@ttl.fi)
Sari Käpykangas (sari.kapykangas@ttl.fi)
Hilkka Ylisassi (hilkka.ylisassi@ttl.fi)
Pauliina Toivio (pauliina.toivio@ttl.fi)
Heli Järnefelt (heli.jarnefelt@ttl.fi)
Heli Hannonen (heli.hannonen@ttl.fi)
Teemu Paajanen (teemu.paajanen@ttl.fi)

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Author’s response to reviews:

Dear Maire Clayton,

Thank you for your comments on our manuscript "Effects of a cognitive ergonomics workplace intervention (CogErg) on cognitive strain and well-being: a cluster-randomized controlled trial. A study protocol" (PSYOD-19-00080R1).

We have now made the essential corrections, as described below in detail.

Attached please find our corrected manuscript. We hope that you find this version suitable for publication in BMC Psychology.

Sincerely,

Virpi Kalakoski
Responses (R) to the Editor comments

1. Please rename the Background to "Introduction".

R1: the Background has been renamed to "Introduction" in the Abstract section, page 2. In the main text it already was titled "Introduction", page 3

2. Please rename the methods section to "Methods/Design"

R2: The methods has been renamed to "Methods/Design" in section Abstract, page 2. In the main text the "Materials and methods" section was renamed "Methods/Design", page 7.

3. In the Ethics approval and consent to participate section, please state the form of consent provided by all participants.

R3: We have replaced the single sentence of the previous version with the following more detailed description, Section Ethics approval, page 25: “Participants in the interviews and workshops provide written informed consent. For the e-survey parts of the study, informed consent consists of a link to the study information letter in the invitation, with the statement that entering and sending responses to the survey constitutes agreement to participate in the study.”

4. Please rename the "Contributors" section to "Authors' contributions".

R4: the "Contributors" section has been renamed "Authors' contributions", page 26.

5. In the “Funding” section of your declarations, please clarify the role of the funding body in the design of the study and collection, analysis, and interpretation of data and in writing the manuscript.

R5: We have added a more detailed description of the role of the funder and other parties, section Funding, page 25 and 26: “The study was reviewed and funded by the Finnish Work Environment Fund (No. 117155 to VK, contact information: https://www.tsr.fi/en/). The funder does not have any further role in the design of the study nor collection, analysis, or interpretation of data, or in preparing manuscripts or deciding to publish. Neither do the authors’ institutions or participating organizations have any authority over these or other trial activities.”

6. Please remove the SPIRIT checklist, as it is no longer required at this stage.

R6: The SPRIT checklist has been removed
7. At this stage, please upload your manuscript as a single, final, clean version that does not contain any tracked changes, comments, highlights, strikethroughs or text in different colours. All relevant tables/figures/additional files should also be clean versions. Figures (and additional files) should remain uploaded as separate files.

R7: Our manuscript has been loaded as a single, final, clean version.