Reviewer’s report

Title: Is the quantified self anxious or empowered? A cross-sectional study exploring users' affective responses to their wearable activity trackers, and the role of personality and individual differences.

Version: 1 Date: 08 Apr 2019

Reviewer: David Ellis

Reviewer's report:

Really pleased to see the changes made as part of this revision. The paper has improved considerably as a result. Two final things that the authors might want to consider:

1. Personality alpha's should ideally be reported for each of the five traits. I'm not sure if the single number reported is the average from all 5 factors. This should be clarified.

Finally, it is worth remembering that the TIPI was intentionally designed to produce low coefficient alphas, which are themselves misleading when calculated on scales with a reduced number of items (Kline, 2000; Wood & Hampson, 2005).


2. Error bars on Figure 1 should be included.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
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