Reviewer’s report

Title: The extended nervous system: Affect Regulation, somatic and social change processes associated with Mindful Parenting.

Version: 1 Date: 26 Apr 2019

Reviewer: Reviewer 2

Reviewer's report:

PEER REVIEWER ASSESSMENTS:

OBJECTIVE - Full research articles: is there a clear objective that addresses one or several testable research questions? (Brief or other article types: is there a clear objective?)

Yes - there is a clear objective

DESIGN - Is the current approach (including controls and analysis protocols) appropriate for the objective?

Yes - the approach is appropriate

EXECUTION - Are the experiments and analyses performed with sufficient technical rigor to allow confidence in the results?

Yes - experiments and analyses were performed appropriately

STATISTICS - Is the use of statistics in the manuscript appropriate?

N/A - there are no statistics in this study

INTERPRETATION - Is the current interpretation/discussion of the results reasonable and not overstated?

Yes - the author's interpretation is reasonable
OVERALL MANUSCRIPT POTENTIAL - Has the author addressed your concerns sufficiently for you to now recommend the work as a technically sound contribution? If not, can further revisions be made to make the work technically sound?

Yes - current version is technically sound

PEER REVIEWER COMMENTS:

GENERAL COMMENTS: The authors have done an adequate job responding to my initial comments. In particular they have added detail to the methods and interpretation that have allowed readers to make clearer judgments about this study.

REQUESTED REVISIONS:

None -- but see comments below. Authors may want to address.

ADDITIONAL REQUESTS/SUGGESTIONS:

I think there are still very minor issues of clarification in the manuscript. I am focused on the statements regarding processes "of" mindful parenting and processes "promoting" mindful parenting (as in intervention processes). these may be two very different things, but sometimes appear to be used interchangeably in the manuscript. And the themes that emerged may reflect one or both of these. For example, Emotional processes (emotion awareness) is both an element of mindful parenting and likely part of the group intervention process that facilitates the change in mindful parenting that can occur in a mindful parenting group intervention. IN contrast, Social Learning is described clearly as "a contribution of the group to changing the individual's thinking" -- but how "Group Validation" is part of mindful parenting (the actual act or process of of mindful parenting in direct relation to one's child) is not clear to me. these things seem to be in different conceptual categories. I think it is also important to acknowledge that the step from this study to a large scale, longitudinal, multicentre study is big.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes
Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

Not relevant to this manuscript

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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