Author's response to reviews

Title:A Metacognitive Perspective on Mindfulness: An Empirical Investigation

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Editor
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Dear editor

We are very thankful for your review of our study. We have added a sentence to further explain the definition of mindfulness. We have also: made sure that all e-mail addresses of all authors are included in the title page, the reference has been removed from the abstract, sections are labelled according to the journals preferences, information concerning ethics approval is now more clearly stated in the manuscript, tables have been moved to the end of the manuscript, a list of abbreviations is now included, more details are included in the authors’ contributions and acknowledgements sections, and we have made sure that the references are in accordance with the journal’s guidelines.

Sincerely,

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