Author's response to reviews

Title: Weight loss intervention for individuals with high internal disinhibition: Design of the Acceptance Based Behavioral Intervention (ABBI) randomized controlled trial.

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BMC Psychology
Dr. Anna Clark, Executive Editor

To Whom it May Concern:

Thank you for considering our manuscript titled, “Weight loss intervention for individuals with high internal disinhibition: Design of the Acceptance Based Behavioral Intervention (ABBI) randomized controlled trial” for publication in BMC Psychology. This Study Protocol presents the design of a randomized controlled trial funded by NIDDK. The manuscript was originally submitted to BMC Public Health and the editors thought it would be a better fit here. We agree wholeheartedly. We believe the study is innovative in both the intervention provided and the population targeted.

1. Ethical and funding approval documentation have been submitted to the BMC editorial office via email attachments.

2. This study is funded by the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) and has been peer-reviewed by the funding agency.

3. This study is ongoing; we are in a no-cost extension and will continue to collect data throughout the year.

4. There are no publications or submitted manuscripts using the data from this protocol at this time.

5. The authors have no competing financial or non-financial competing interests to declare. We have added a section indicating this on the manuscript.

6. The paper authors are Jason Lillis, Heather Niemeier, Kathryn Ross, Graham Thomas, Tricia Leahey, Jessica Unick, Kathleen Kendra and Rena R. Wing. My colleagues and I do not have any interests that might be interpreted as influencing the research, and APA ethical standards were followed in the conduct of this study. All authors have had access to the data, have been personally and actively involved in substantive work leading to the report, and will hold themselves jointly and individually responsible for its content. All authors approved the final manuscript. We have added a section on “authors’ contributions” to the manuscript.

7. No sponsor reviewed the manuscript text prior to submission. All methods were approved by IRB.

8. The clinicaltrials.gov registration date has been added to the abstract of the manuscript.

I will be serving as the corresponding author for this manuscript. Thank you very much for your consideration.
Sincerely,

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