Reviewer’s report

Title: The effects of aerobic, resistance, and meditative movement exercise on sleep in individuals with depression: protocol for a systematic review and network meta-analysis

Version: 1 Date: 25 Mar 2019
Reviewer: Brynn Adamson

Reviewer's report:

I commend the authors for the improvements made to the manuscript. All comments were adequately addressed and overall, the detail and quality of the protocol description is much improved!

I have two small comments:

Line 179- either diagnosis of or manifest unipolar depression.. sentence is confusing. Consider rephrasing, for example "either a medical diagnosis of depression or presence of significant depressive symptoms as determined by a validated instrument (e.g. BDI etc)

Consider replacing "subjects" with "participants" throughout

Level of interest
Please indicate how interesting you found the manuscript:

An article of importance in its field that should be highlighted to relevant networks

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable
Declaration of competing interests
Please complete a declaration of competing interests, considering the following questions:

1. Have you in the past five years received reimbursements, fees, funding, or salary from an organisation that may in any way gain or lose financially from the publication of this manuscript, either now or in the future?

2. Do you hold any stocks or shares in an organisation that may in any way gain or lose financially from the publication of this manuscript, either now or in the future?

3. Do you hold or are you currently applying for any patents relating to the content of the manuscript?

4. Have you received reimbursements, fees, funding, or salary from an organization that holds or has applied for patents relating to the content of the manuscript?

5. Do you have any other financial competing interests?

6. Do you have any non-financial competing interests in relation to this paper?

If you can answer no to all of the above, write 'I declare that I have no competing interests' below. If your reply is yes to any, please give details below.

I declare that I have no competing interests.

I agree to the open peer review policy of the journal. I understand that my name will be included on my report to the authors and, if the manuscript is accepted for publication, my named report including any attachments I upload will be posted on the website along with the authors' responses. I agree for my report to be made available under an Open Access Creative Commons CC-BY license (http://creativecommons.org/licenses/by/4.0/). I understand that any comments which I do not wish to be included in my named report can be included as confidential comments to the editors, which will not be published.

I agree to the open peer review policy of the journal

Were you mentored through this peer review?

No