Reviewer’s report

Title: Exercise, or exercise and diet for the management of polycystic ovary syndrome: a systematic review and meta-analysis

Version: 0 Date: 01 Dec 2018

Reviewer: Jing Li

Reviewer's report:

1. The title "Exercise and diet for the management of polycystic ovary syndrome: a systematic review and meta-analysis" is somewhat misleading since the manuscript was focused on the effect of exercise with or without diet on PCOS.

2. The authors included the earliest paper of a trial if multiple publications were found. Are there papers that included more comprehensive data but published later?

3. Please explain the clinical importance of reporting immediately post-intervention values in the results section.

4. The authors reported that 27 papers from 18 trials were included. It may be unnecessary to include multiple papers from one trial if data were only extracted from one paper. Besides, in line 276, the authors said they were sent one additional article after requesting information from another author, does this mean they actually included 28 papers?

5. Starting from line 306, the authors mentioned that trials included women who were overweight and obese based on different BMI values. For women in a trial that was categorized as overweight, was the mean BMI 25-29.9 or the range of BMI 25-29.9?

6. The authors had very detailed description of the features of included studies that were included in table 2. This part should be shortened.

7. References should be included in table 3.

Level of interest

Please indicate how interesting you found the manuscript:

An article whose findings are important to those with closely related research interests
Quality of written English
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Acceptable

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