Author’s response to reviews

Title: Dose-Response of resistance training for neck-and shoulder pain relief: A workplace intervention study

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Thank you so much and thank you for reviewing the paper. We hope you find our amendments satisfactory.

Editor Comments:

1. As indicated by our submission guidelines, please include a Conclusions heading in the text of your manuscript, as both a Conclusion and a Discussion section should be provided. You may consider placing it before the last paragraph of the Discussion section.

We apologize and have now included a heading for the conclusion paragraph.

2. Thank you for providing the email address of the corresponding author on the Title page. Please also include the full name of the corresponding author so as to avoid any possible confusion.
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4. Please relocate the Declarations to be directly after the Abbreviations.

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