Author’s response to reviews

Title: Periodized resistance training for persistent non-specific low back pain: A mixed methods feasibility study

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Author’s response to reviews:

Dear Editor,

Regarding manuscript SSMR-D-19-00149R1 Periodized resistance training for persistent non-specific low back pain: A mixed methods feasibility study

Editor Comments:

1 - Although you have written: 'Written and oral consent were given by all the participants for the authors to use verbatim quotes from the interviews to be published in this manuscript.' , it is not clear that the participants wished for their identifying data to be included with the quotes. Please remove the names and ages from the quotes and include age range only instead.

AUTHORS’ REPLY:

Names from quotes: The names used in the qualitative section of the results are only fictional names and not the participants real names. This is a common approach in qualitative research and is described by Malterud et al- 2011 and 2012 https://www.ncbi.nlm.nih.gov/pubmed/?term=systematic+text+condensation. It is also common to include age in the quotes.