Author’s response to reviews

Title: Disrupting prolonged sitting reduces IL-8 and lower leg swell in active young adults

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1. Please include a full statement in the Ethics approval and consent to participate subsection of the Declarations, not a reference to earlier sections of your manuscript.

RESPONSE: We have updated this to read as follows:

“All protocols were approved by the University of Ontario Institute of Technology Research Ethics Board and Biosafety Committee. All participants provided written consent prior to participation.”

2. Currently, the contributions of authors JGJ, HS, and HTG do not automatically qualify them for authorship. In the section “Authors’ contributions”, please provide further clarifications on their contributions, and see our guidelines for authorship below.

RESPONSE: We have updated information on these authors to read as follows:

“JGJ supervised saliva analysis, provided critical input into selection of cytokines assessed as well as design and methods pertaining to saliva analysis, and writing of relevant sections. HS and HTG were instrumental in early phases of study design, and provided input throughout data collection and analysis. All authors contributed to and reviewed the final manuscript.”
3. At this stage, please upload your manuscript as a single, final, clean version that does not contain any tracked changes, comments, highlights, strikethroughs or text in different colours. All relevant tables/figures/additional files should also be clean versions. Figures (and additional files) should remain uploaded as separate files.

RESPONSE: This has been done.