Reviewer’s report

Title: Comparison of the kinematics and kinetics of shoulder exercises performed with constant and elastic resistance

Version: 1 Date: 20 Oct 2018

Reviewer: Lucy Parrington

Reviewer’s report:

The authors have addressed my comments and concerns.

Two minor points:

- In the supplementary table 4, with very small values, please use scientific notation rather than just reporting 0.0.

- It may also be helpful to highlight significant effects within the tables reporting beta and SE.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

Quality of written English
Please indicate the quality of language in the manuscript:
Acceptable

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