Reviewer’s report

Title: The effect of mere measurement from a cardiovascular examination program on physical activity and sedentary time in an adult population

Version: 0 Date: 29 Sep 2017

Reviewer: Telmo Pereira

Reviewer's report:

The authors present a very elegant work, addressing relevant methodological aspects with implications to the experimental design and result interpretation in clinical trials. The paper is very well constructed, with a solid methodology, the results are clear and well interpreted, and the conclusions fit on the main outcomes of the overall research, pinpointing the main research limitations. I'm in favour of this paper's publication in its current state, as it provides a relevant scientific contribution to applied knowledge in this particular field.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics

Quality of written English
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Acceptable
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