Reviewer’s report

Title: Influence of recovery strategies upon performance and perceptions following fatiguing exercise: a randomized controlled trial

Version: 3 Date: 03 Jul 2017

Reviewer: Argyris Toybekis

Reviewer’s report:

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General comments to the authors

I regret that the authors have not applied all the corrections I have asked and they have not replied adequately on the points I have raised in the previous revision. There are two main points to consider. First, the order effect of testing the dependent variables should be presented. The low coefficient of variation does not guarantee the absence of any order effect and the authors need to present numbers confirming no order effect.

Second, numerical values of heart rate and load should be presented for the fatiguing part of the experiment. Just mentioning it in lines 210-202 does not confirm something. You need to present at least the heart rate values during this part of the experiment.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
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Yes

Are the conclusions drawn adequately supported by the data shown?
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