Reviewer’s report

Title: Influence of recovery strategies upon performance and perceptions following fatiguing exercise: a randomized controlled trial

Version: 1 Date: 07 Mar 2017

Reviewer: Peter Reaburn

Reviewer’s report:

1. Capitalise words for note under table 1.

2. Results section text needs to state whether results were SIGNIFICANTLY GREATER etc rather than words like 'superior'. MUST state if stats showed differences!

3. Also need to dicer reader to the Table of results within the results section. I'd place Table 2 earlier too.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
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I am able to assess the statistics

Quality of written English
Please indicate the quality of language in the manuscript:

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