Reviewer’s report

Title: Physical fitness and levels of physical activity in people with severe mental illness: a cross sectional study

Version: 1 Date: 26 Oct 2017

Reviewer: Gerald Jerome

Reviewer's report:

The authors should clarify how staff and family members "ensured" the data.

If all self-report physical activity references time as in-patient then a better description of the facility and program are needed. Is there a workout facility, how much free time is there for participants to engage in activity? Can in-patients take extended walks, is this level of independence encouraged?

The authors suggest the physical activity data may not be reliable because it is self-report. Perhaps it is more appropriate to indicate: We did not use a standardized physical activity assessment and future efforts should include assessments with established reliability.

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

No

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

No

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

No

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

I am able to assess the statistics
Quality of written English
Please indicate the quality of language in the manuscript:

Not suitable for publication unless extensively edited

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