Reviewer’s report

Title: Towards Evidence Based Strength Training: A Comparison of Muscle Forces during Deadlifts, Goodmornings and Split Squats

Version: 1 Date: 05 May 2017

Reviewer: Giuseppe Musumeci

Reviewer's report:

The revisions are satisfactory and it could be accept in the present form

Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Yes

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

Yes

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I am able to assess the statistics

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