**Reviewer’s report**

**Title:** Conducting a pilot randomized controlled trial of community-based mindfulness-based stress reduction versus usual care for moderate-to-severe migraine: protocol for the Mindfulness and Migraine Study (M&M)

**Version:** 0  **Date:** 20 Dec 2018

**Reviewer:** Victoria Samuel

**Reviewer’s report:**

The paper is well-written and clearly laid out. There is a clear rationale for the protocol and subsequent trial and the process of data collection is methodically described.

The recruitment process is elucidated in detail, however on page 5, where it is summarised, (or alternatively where recruitment is eluded to on page 4) it may be useful to include reference to why different strategies are being used i.e. to allow comparison of recruitment approaches. This is delineated on page 15, but it may be helpful to the reader to have this information included at the stage the recruitment protocol is first outlined as this is not clear on initial reading.

The pragmatic use of community based MBSR reflects the likely reality of interventions that patients may access. However, consideration of some form of monitoring the content and focus / patient satisfaction with the MBSR classes attended may be important as there may be significant divergence between groups.

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An article of importance in its field

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