**Author’s response to reviews**

**Title:** Optimism is associated with diet quality, food group consumption and snacking behavior in a general population

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**Author’s response to reviews:**

Dear Editor,

Please find enclosed our answers to the third revision of our manuscript titled, “Optimism is associated with diet quality, food group consumption and snacking behavior in a general population” (Manuscript Number: NUTJ-D-19-00172), originally submitted on May 30th 2019.

We have examined and taken into account all comments and include point-by-point responses to all comments and issues raised. Changes in the final manuscript have been highlighted in yellow. We thank the reviewers for their comments that allowed improving our article greatly.

We thank you for your continued consideration of this manuscript and will be glad to provide any additional information that might be needed.
Sincerely yours,

Wassila AIT-HADAD

ABSTRACT:
-Line 51-52: '...in a general population.'- Please change to in the population.
If the reviewer agrees, we would rather not remove the word “general” since there are some studies that have been carried out in specific populations.
-Line 69: '...with a better overall diet quality.'- Please remove the 'a'
Change has been done.

INTRODUCTION:
-Line 90: 'randomized trials'- Can you please add controlled
Change has been done.

METHODS:
-Lines 168-170: The ratio between energy intake and estimated energy requirement was calculated and individuals with ratios below Goldberg cut-off were excluded [45].- Did you measure under and over-reporting? Did you only use one cut-off?
As mentioned, this cut-off allowed to exclude under-reporters only. Only one cut-off was used.
-Line 182: '...An overall diet quality'- Please change an to the
Change has been done.

-Line 184: '...adherence to the French nutritional recommendations.'- Can you please provide a supporting reference here.

The corresponding reference has been inserted.

-Line 193: 'indicating a better overall nutritional quality of the diet.'- Please revise to 'Indicating better overall diet quality.'

Change has been done.