Reviewer’s report

Title: A randomised controlled crossover trial investigating the short-term effects of different types of vegetables on vascular and metabolic function in middle-aged and older adults with mildly elevated blood pressure: the VEgetableS for vaScular hEaLth (VESSEL) study protocol

Version: 1 Date: 18 Mar 2020

Reviewer: Xiaoran Liu

Reviewer's report:

The revised study protocol reserved blood pressure as the primary outcome as suggested by reviewer, clarified the provision of standardize background diets and extended the intervention period.

The present study provided a thorough dietary assessment including both questionnaire based assessment and objective biomarkers.

It is encouraging to learn that the author included S-methyl cysteine as a bio-marker measuring compliance of cruciferous vegetables as well as measuring carotenoids for overall intake of fruits and vegetables.

I look forward to the results from this trial.

Level of interest
Please indicate how interesting you found the manuscript:

An article of importance in its field

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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