Reviewer’s report

Title: Does diet strictness level during weekends and holiday periods influence 1-year follow-up weight loss maintenance? Evidence from the Portuguese Weight Control Registry

Version: 2 Date: 03 Jan 2019

Reviewer: Rc Coelho

Reviewer's report:

Weight loss maintenance is one of the greatest challenges in the current treatment of obesity as a chronic disease. I hope you continue to research in this area.

Level of interest
Please indicate how interesting you found the manuscript:

An article of importance in its field

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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