Reviewer’s report

Title: Does diet strictness level during weekends and holiday periods influence 1-year follow-up weight loss maintenance? Evidence from the Portuguese Weight Control Registry

Version: 1 Date: 15 Dec 2018

Reviewer: Rc Coelho

Reviewer's report:

The formal structure of the article has improved substantially after the review. Because it was classified as a "short report", I had been less rigorous in the structural part of the article (division in introduction, methodology, etc.), but I totally agree with the modifications suggested by the other reviewer.

However, the figures still demand modifications before the article is published. The font is too small in figure 1, practically unreadable. In figure 2, in turn, there is no sign of the difference found between the restriction scores in regainers versus non regainers.

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