Author’s response to reviews

Title: Impact of three different plate colours on short term satiety and energy intake: a randomised controlled trial

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Thanks for your comments.

- Abstract: This sentence is removed "The outcomes of this study supported the notion that the influence of plate colours on energy intake cannot be generalized."

- "Stopping effect" phrase is removed and where applicable "red colour plate reduce food intake" phrase is added.

- Line 74-75, tense is maintained.

- In the intro VAS is explained.

- Methods: "in order to determine available subjects" is omitted.

- "at least one week" is specified as "one to two weeks"

- The soft drinks were served in original containers. This is already mentioned in line 125-127.

- The sample size of this study was 54. In the statistical methods it is explained that at least 24 subjects were needed to conduct this study.

- SD data is converted to SEM in results.
- The word "unhealthy" is deleted and instead "snack" is used.
- Discussion: "cautionary" is omitted and the sentence is changed.
- Page 14, line 20: sentence is removed.