Reviewer's report

Title: Adherence to Mediterranean and low-fat dietary interventions in thoracic transplant recipients: a randomized feasibility study

Version: 1 Date: 03 Feb 2018

Reviewer: L Garneata

Reviewer's report:

The paper addresses a topic of major interest in many medical domains, i.e. nutritional intervention to ameliorate metabolic disturbances.

Therefore, the article should be of interest for the readers. I would recommend the paper for publication. Just some minor points:

- In the abstract, I would suggest to insert the statement about good and increasing adherence over time in both groups and then support the assertion with the data.

- Patients' and families' education is crucial for the success. The idea should be inserted in the abstract and in the conclusions as well, of course briefly.

- One reviewer mentioned before the inflammatory state. I definitely agree. The authors clearly explain the reason they did not use data in this field. I suggest to briefly include this explanation in the manuscript.

Level of interest
Please indicate how interesting you found the manuscript:

An article of importance in its field

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable
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