Reviewer's report

Title: Adherence to Mediterranean and low-fat dietary interventions in thoracic transplant recipients: a randomized feasibility study

Version: 0 Date: 18 Dec 2017

Reviewer: L Garneata

Reviewer's report:

The authors addresses the actual topic of nutritional intervention in medicine and, in particular, in thoracic transplant recipients. The role of dietary intervention was neglected for years. This interest for this approach is increasing. Therefore, I find this feasibility study to be of particular interest for the readers.

Some minor points to be addressed before considering the paper for publication:

1. The authors are clearly presenting the education approach, very important to increase adherence. I would suggest the authors to briefly include this matter in the conclusions.

2. The panel of parameters use to define the nutritional status could be enlarged (if possible - anthropometrical, serum albumin), so to offer a better picture of the effects of the nutritional interventions.

3. The differences between the two types of dietary interventions should be better emphasized.

4. Inflammatory state would also be interesting.

5. The use of a co-morbidity score would also be of interest.
Level of interest
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An article of importance in its field

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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