Reviewer’s report

Title: Including pork in the Mediterranean diet for an Australian population: Protocol for a randomised controlled trial assessing cardiovascular risk and cognitive function

Version: 0 Date: 04 Oct 2017

Reviewer: Maria Trinidad Soria Florido

Reviewer's report:

TITLE: Do not you think that the title does not match the content of the paper? Because you are not recording cardiovascular outcomes, so it is confusing.

Line 5, page 4: Considering that egg consumption is allowed "ad libitum", do you think this is a moderate intake of eggs?

Line 48, page 4: Wouldn’t it be more proper to add "for an Australina population" bearing in mind that recommendations have been adapted to this population due to food supply limitations?

Line 21, page 5: "Mediterranean diet intervention has demonstrated, with the highest level of scientific evidence, to be able to reduce incidence of CHD events by 30% (Estruch R, N Engl J Med. 2013)

Line 48, page 5: Would not be of use to include a reference referring to the synergistic relationship between nutrients?

Line 60, page 7: Can I suggest to include a reference with regard to the choice of a low-fat diet as a control diet? Line 36, page 8: Being "smoking" a risk factor of developing any heart disease, why did you decide to select it as an exclusion criteria?

Line 45, pager 10: Regarding the recommendation providing on fruit intake, have not you consider to remove "dried fruit" from this food group taking into account the change of composition after the drying process. Can I ask the same regarding "canned juice"?

Line 1, page 11: Are nuts recommended to be raw?

Line 8, page 11: Noting the amount of red meat intake in the modified Mediterranean diet and weekly intake of eggs recommended in the "definition of the Mediterranean diet: a literature review (Davis CR, Nutrients, 2015), have not you consider to reduce the amount of eggs allowed in the intervention group?

Line 45, page 16: In PreDiMed, the lack of biochemical markers for dietary compliance was regarded as a weakness of the Lyon Diet Heart Study, have you consider to perform any analytical determination for this purpose?
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An article whose findings are important to those with closely related research interests

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Please indicate the quality of language in the manuscript:

Acceptable

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