Reviewer's report

Title: Dietary patterns are associated with type 2 diabetes mellitus among middle-aged adults in Zhejiang Province, China

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Reviewer: Maryse Umugwaneza

Reviewer's report:

The authors present a cross sectional study about dietary patterns and the risk of type 2 diabetes in Zhejiang Province, China. The authors assessed the association between the identified dietary patterns and the risk of diabetes. The authors report that the grains-vegetables dietary pattern was associated with a significantly decreased risk, while the Western dietary pattern was associated with increased risk for T2DM. While no significant associations were found between the traditional southern Chinese dietary pattern and risk of T2DM. The background, methods and results sections are well presented but the discussion section would benefit from a substantive review.

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An article of limited interest

Quality of written English
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Needs some language corrections before being published
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