Author’s response to reviews

Title: Determinants of eating patterns and nutrient intake among adolescent athletes: a systematic review

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Author’s response to reviews:

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Editorial Board

NUTRITION JOURNAL

Dear Dr. Kentaro Murakami,

I wish to re-submit our manuscript titled ‘Determinants of eating patterns and nutrient intake among adolescent athletes: a systematic review’ for publication in NUTRITION JOURNAL as a systematic review.

We thank the reviewer Ph.D Laila Abass Hussein for her thoughtful and in-depth comments on our tables, as this helped us to reflect on and improve the manuscript. We appreciate her commitment and effort.

We appreciate the opportunity to improve several aspects of our systematic review to make it more comprehensive. We hope it is now suitable for publication in your prestigious journal.

Thank you for your consideration. I look forward to hearing from you.

Yours sincerely,

Matias Noll

matiasnoll@yahoo.com.br
Dear Ph.D Laila Abass Hussein

Thank you for your thoughtful and in-depth comments on our tables, as this helped us to reflect on and improve the manuscript. We appreciate your commitment and effort.

We agree with each comment and have fully incorporated your suggestions into the tables. Revisions in the text are shown using red font.

Yours sincerely,

The authors should delete column (1)

AUTHORS: We have fully incorporated this suggestion into the table.

The authors should write down the abbreviations of the countries, such as UK instead of United kingdom, and US instead of United states.

AUTHORS: We have fully incorporated this suggestion into the table.

Column (5) the idea is to write down the percentage prevalence of one sex, the rest of 100 % will be the second sex ; For example serial (1) writing down males = 51.7 % it denotes automatically that females represent 48.3 %. The authors are requested to delete females = 48.3 % and so forth with all the next rows

AUTHORS: We have fully incorporated this suggestion into the table.

Column (6) Age range. Again with regard to the first row The authors should delete M:14.7±1.9 ; F: 14.8±1.6. Age range 12 – 18 is adequate without brackets and so forth with all the next rows. The reader is not that much interested in the details of ages.

AUTHORS: We have incorporated this suggestion into the table.
The authors should note that the title of table (1) is design ….. Accordingly the authors should not mix the design with the outcomes. The last column should be transferred to a separate table as the reviewer recommended earlier !!!! The associated findings (Outcomes) of each study should be presented in a separate table as recommended earlier by the reviewer. The following is an example how the table could be presented.

AUTHORS: We have fully incorporated this suggestion into the table in accordance with your example.

The authors should check their data !! With regard to the first sport in the first row of the table, the authors mentioned in the associated findings, that Boys > were consuming energy intake, wholegrain bread, pasta, rice, and Potatoes than girls. In the following row the authors wrote down that there was no NSD between sexes in carbohydrate. The same contradictory remarks appeared in the last row of the column regarding Volleyball Greece [53]. The authors mentioned in the associated findings that National are consuming significantly higher energy intake than the respective championship players. Meanwhile, the authors wrote in the next row that there was no significant differences in the carbohydrate, fat, protein intake.?? What are the sources of energy ??, which make National consuming significantly higher energy intake than the respective championship players ?? It is the responsibility of the authors to recheck all the associated finding in Table (2). The findings should sound logic !!!

AUTHORS: Thank you for your careful review. We have checked again all data, and have corrected some mistakes.