Reviewer's report

Title: Impact of diet on cardiometabolic health in children and adolescents

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Reviewer: Vishal Singh

Reviewer's report:

Summary:
This is an interesting review article describing the importance of dietary patterns on cardiometabolic health of children and also their probable future consequences in adulthood.

Major Compulsory Revisions
So many generalized and redundant statements (few examples are mentioned below) which unnecessarily increasing the length of article and also puzzle the reader:

1- Furthermore, the tracking rate of obesity from childhood to adulthood is especially high (Comment: not clear)

2- Many studies have shown the positive association between fat consumption and obesity, and the results are consistent (Comment: please clarify the statement “the results are consistent” and also provide pertinent references).

3- Foods have also received little attention; foods such as dairy, fast food, and soft drinks have been more studied than others (Comment: not clear).

Minor Essential Revisions
- Article is too elaborative; would benefit from being shortened

Quality of written English: Not suitable for publication unless extensively edited

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:
I declare that I have no competing interests.