Reviewer's report

Title: Safety of alternate day fasting and effect on disordered eating behaviors

Version: 5 Date: 6 April 2015

Reviewer: Anthony Villani

Reviewer's report:

The authors should be commended for their efforts in revising the original manuscript. I am satisfied that the authors have addressed all compulsory/essential revisions to warrant publication. However, I am still of the opinion that the paragraph in the manuscript related to the safety of ADF must be referenced or, at very least, reworded (lines 40-44).

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests.